



Montreal **ASSAULT** **PREVENTION CENTRE**

November 2019

Stability

The Centre's year has started with a sense of optimism. The funding increases we received last year have given us greater stability, allowing us to go ahead with improvements to our office as well as extending our period of employment to cover July and August. Over the Summer we were able to begin painting some of the rooms at our office, a project which has not been done in 20 years. Already our workspace is brighter and more welcoming. We also developed a new program for grade one students meant to be a follow-up to CAP, providing more information on the prevention of sexual assault, in line with the introduction of the new government initiative on sexual education. We have also, with the help of funds from the Lush Foundation, completed the installation of office 365 on all the new computers and laptops purchased with their assistance and transferred our documents to the cloud. Thank-you to Daniel Vaudrin, our technician, for overseeing this transformation.



AcTioN

The ACTION team begins 2019 with much enthusiasm. We are very pleased to have had the funds to continue offering our workshops during the month of July which allowed us to work with women's shelters during the Summer. This year we will continue to organizing self-defense workshops with partners old and new. Since the beginning of this year, we have already shared self-defense tools with nearly 50 women. We are also continuing our long-standing partnership with the Centre d'éducation et d'action des femmes (CÉAF), an organization that hosts approximately 5 ACTION workshops per year at its building. Thanks, CÉAF. At the beginning of 2020 the ACTION team plans to publish a second edition of the book 'Women Tell Their Stories' written by Leona Heilig, founder of our feminist ACTION self-defense program, and released in 2013. This book is a valuable tool where readers can find meaningful and courageous testimonials from women who have used a variety of verbal and physical self-defense strategies to stop all kinds of assaults. Any ideas for financing this beautiful project are welcome.





CAP



CAP in the New Year

The CAP team is thrilled to welcome two new animators; Nicholas Contreras and Sonia Bustos. Nicholas and Sonia will provide much needed help, as this is shaping up to be another very busy year. As mentioned above we have become a respected partner for schools who are reaching out to CAP to help them in the discussion concerning the prevention of sexual abuse. We will be returning to three large schools; St-Noel-Chabanel, Laurentide and Quatre-Vents, as well as St. Bernadette-Soubirous, Harfang des Neiges, de l'Avenir and LaSalle Junior. New schools include; Tandem, Katimavik and Ste-Jeanne d'Arc. At LaSalle Junior we will be initiating a new workshop we developed over the Summer for Grade one students which offers an expanded discussion of issues of sexual development and the prevention of inappropriate behaviour.

Congratulations to the Government of Quebec!

In 2018, the Quebec government began implementing the sexuality education program for students in elementary and secondary schools. The Montreal Assault Prevention Centre strongly supports this government initiative because we also believe in the importance of developing a positive, healthy and fulfilling sexuality among young people.

Thanks to our expertise, the CAP program, presented to elementary aged children for 35 years, has developed a close collaboration with schools. Our competence in presenting prevention information on various types of assault, including sexual assault, has made us a credible ally for schools. The CAP program, which develops tools and awareness with children allowing them to recognize, act and prevent sexual assault, responds to one of the aspects of the sexual education program of the Ministry of Education. Thanks to a grant from the government to organizations working with youth, we have been able to respond to an increase in demand for our program with elementary schools in need of assistance to implement the new program on sexuality. The Montreal Assault Prevention Center is proud to be involved in this initiative, which ensures the well-being of young people in Quebec.

Acknowledgements

The MAPC would like to thank Members of the National Assembly who supported the Centre last year: François Legault, Eric Girard, Sonia LeBel, Jean-François Roberge, Hélène David, Kathleen Weil, David Birnbaum, Christopher Skeete, Ruba Ghazal and Manon Massé, for their generous donations.

ANNUAL GENERAL ASSEMBLY

The MAPC will be holding its AGM on the 18th of November 2019 from 6:30pm 8:00pm. On 4617 St Denis St.

Members are required to have paid their fees by the 4th of November to be eligible to vote at the AGM