



Montreal **ASSAULT** **PREVENTION CENTRE**

October
Edition
2018

THANK-YOU!

Fundraising is a continuing challenge for all charities and community groups, particularly for those who would be considered “grass roots”. Rejection is the norm and a long term approach is essential. Starting our year the Centre had positive news on the funding front. The Quebec government, through our CIUSSS has decided to increase our funding by \$68,500 in recognition of our work combating the problem of child sexual abuse. This increase is particularly welcomed as this problem has recently been pushed aside by societies focus on bullying in schools. Both of these issues need equal treatment. We would also like to thank the **Telus Foundation** for its generous support of CAP in a large school in Park Extension. We also received a second grant from the **Lush Foundation** to complete work begun three years ago to modernize our computer system and purchase new materials for our Action workshops. Without the help of supporters like these many groups and individuals would be denied access to our services.

ART AND ACTION

The ACTION team has started the year with a new instructor who has completed her training and is ready to now lead workshops. Welcome to Victoria NEIRA. We would also like to thank all our partners from last year, with whom it was such a pleasure to work as a team and welcome new organizations in the future. It is thanks to this work that during the year 2017-2018 we were able to share our prevention tools with 413 participants. We would also like to highlight our collaboration with the Feminist Festival of Media Arts and Digital Culture, organized by, Production Studio XX, in November 2018. It will be exciting to work for feminist self-defense with artists. We also invite you to read the booklet “Your anti-feminism, our replicas”, a guide on how to respond to anti-feminist statements, written by Mélissa Blais and Marie Soleil Chrétien of UQAM and in partnership with Le Regroupement des femmes du Québec. The authors of this guide have used our booklet ‘Women Tell Their Stories’ <http://www.cpamapc.org/pdfs/women-tell-their-stories.pdf> to share the elements that make feminist self-defense effective namely: Intuition, surprise, our strength against the aggressors weakness, a belief in fighting back, eye contact, breathing and patience to wait for a good time to defend oneself, and a knowledge of good targets. We invite you to take a look at our ACTION self-defense course calendar <http://www.cpamapc.org/en/our-news-course/> and share it with your friends.



Action course ALPHA Fall 2018

ANNUAL GENERAL ASSEMBLY

The MAPC will be holding its AGM
on the **14th of November from 6:30pm-
8:00pm**
Street.

Members are required to have paid their fees
by the 1st of November
to be eligible to vote at the AGM.



CAP

CAP IN THE NEW YEAR THANKS TO OUR INTERNS

The MAPC has welcomed interns from many different Colleges and Universities: McGill University, University of Montreal, CEGÉP Marie-Victorin, LaSalle College and the University of Quebec at Montreal (UQAM), however one of these institutions has been particularly important. For many years the CAP program has had a mutually beneficial relationship with the Department of Sexology at UQAM. Since the year 2000 we have received and trained seven interns from this faculty. All have been excellent students and able to integrate completely into our Cap team; capable of presenting the workshop and aiding children in difficulty. One intern found employment after her time with us with another CAP team in Quebec, and we currently employ another full time. Two other interns also produced written project which we still use: Document for Parents (Preschool), distributed at the workshop for parents and “How To Prevent the Sexual Abuse of children” available on our website. This year our intern, Lydia Auger has already contributed to the daily activities of the Centre. Lydia has been posting interesting articles and information related to our work on our Facebook page as well as overseeing the re-writing of certain documents. Thanks to all of the internes who have graced the Centre with their unique talents and personalities.

CAP AROUND THE WORLD

You may not be aware that our successful CAP program in Montreal is part of an international movement. Here in Quebec there are nine other CAP teams in different regions as well as several others in Ontario overseen by COPA and Nova Scotia. We are all members of the International Center for Assault Prevention (ICAP), located in Sewell New Jersey, which also manages teams in several countries: Croatia, England, Estonia, Japan, The Republic Of Korea, Kyrgyzstan, Moldova, Slovenia, Ukraine as well as sixteen States in the U.S. We are quite a large family.



Children in Korea repeating the right to be Safe

CAP THIS YEAR

The Cap team will be presenting our workshops for the first time at Harfang des Neiges and LaSalle Junior School. We started the year at école Quatre-Vent, returning to reinforce skills learned last year in Kindergarten and Grade One. We have also completed classes at école Petit-Chapiteau a school very familiar with CAP. A workshop was given for students at the University of Montreal in Laval as well as to over one-hundred Child Care Workers at the English Montreal School Board on the subject of sexual abuse and crisis intervention.

ACKNOWLEDGEMENTS

The MAPC would like to thank Members of the National Assembly who supported the Centre last year: Philippe Couillard, Stéphanie Vallée, Gaétan Barrette, Luc Fortin, Hélène David, Kathleen Weil, Lucie Charlebois, Martin Coiteux, Guy Ouellette, Carlos Leitao, Jean-Marc Fournier, Manon Massé, Amir Khadir and Isabelle Mélançon. Also the Syndicat de professionnelles et professionnels du gouvernement du Québec (SPGQ) and Norton, Rose, Fulbright for their generous donations.

Copies of the book “**Women Tell Their Stories, Self-Defense in Action**”, authored in 2013 by Leona Heilig, with the help of Status of Women Canada, are still **available for free**.

Do not hesitate to contact the MAPC by phone or email to make your order!